

## Why wood in Hospital Buildings

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# SYKEHUSBYGG

Norwegian Hospital Construction Agency

Ca. 110 employees

- Main Office in Trondheim
- Local Offices
  - Oslo
  - Kristiansand
  - Stavanger
  - Molde
  - Bodø



# Sykehusbygg - the knowledge hub in hospital planning and building



# Hospital planning and building projects

For å møte den økende etterspørselen skal det investeres 4 – 9 milliarder i sykehusbygg hvert år de neste 5 årene



Kilde: HOO



Development Plan  
University Hospital of Northern Norway (UNN)

PT, UNN Breivika

Psychiatry and addict Unit, UNN

Relocation plan, UNN Breivika

Eye department, Bodø Hospital

Hospital structure and location,  
Helgelandssykehuset Trust

District Hospital, Brønnøysund

New acute Hospital building, Namsos

Hospital Psychiatry, St. Olavs Hospital  
Acute and Forensic

New Nordmøre and Romsdal Hospital

Refurbishing and New,  
Førde Hospital trust

Haugesund Hospital,  
Fonna Hospital Trust

Stavanger University Hospital

Development Plan Sørlandet Hospital Trust

New Local Hospital Hammerfest

District Hospital Alta

New Sami Health Center, Karasjok

Ambulance services,  
Helgelandssykehuset

Refurbishing operating units,  
Helgelandssykehuset

Development Plan  
Mid-Norway Region

New Hospital Psychiatry, Levanger

PET, St Olavs Hospital

Oslo University Hospital, somatic and psychiatry

New Drammen Hospital, Vestre Viken Hospital Trust

New Bed Ward and Outpatient Clinic, Radiotherapy, Sykehuset Telemark

Hospital Psychiatry, Sørlandet Hospital

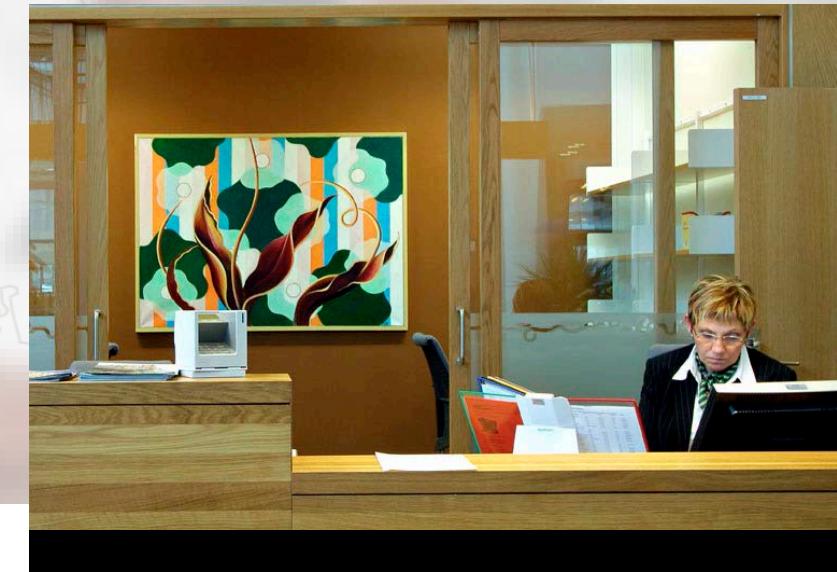
And in addition national projects  
like establishing the first Proton  
centers, helipads for new  
Helicopters and Hospital Pharmacy  
Units in several hospitals



# Wood -what's in it for Health and Wellbeing?

- Patients are vulnerable
- Surroundings are important
- The use of wood can make a difference

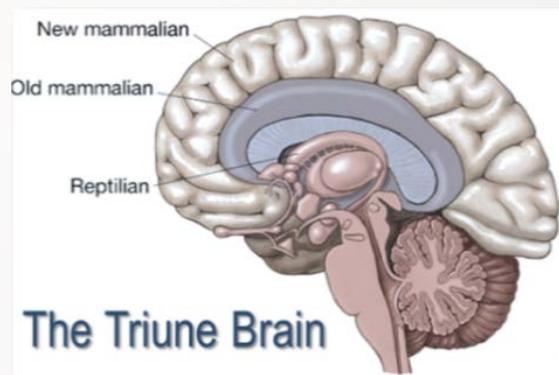
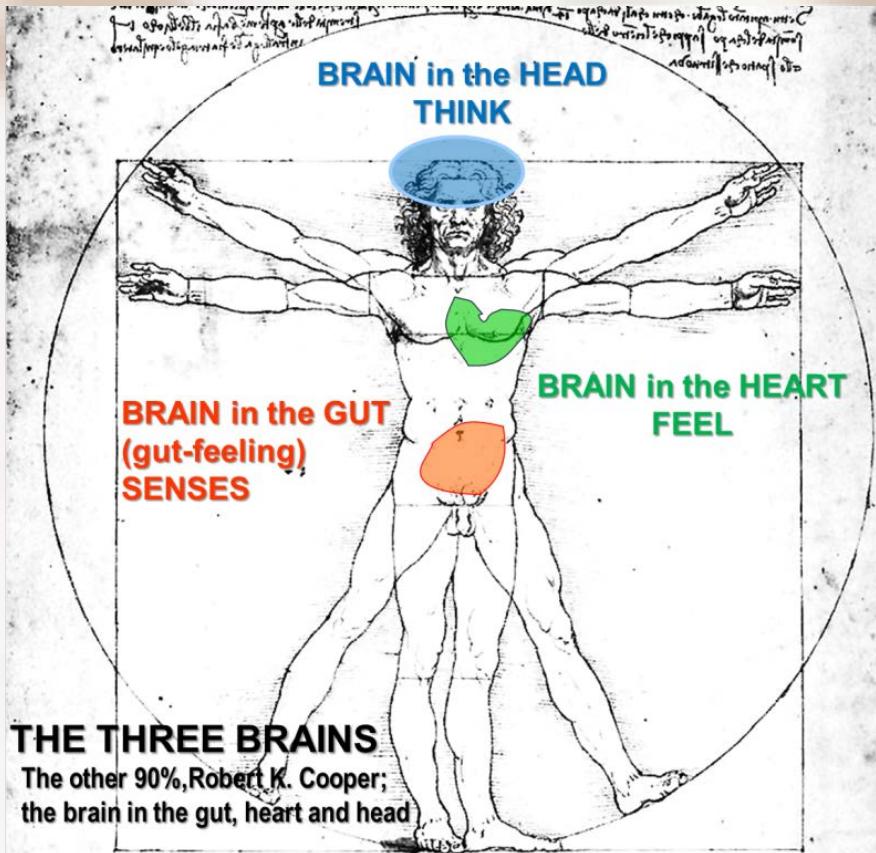
«Building for the  
patients health service»





Single bedrooms, nature view,  
transparency, wooden elements,  
warm colours

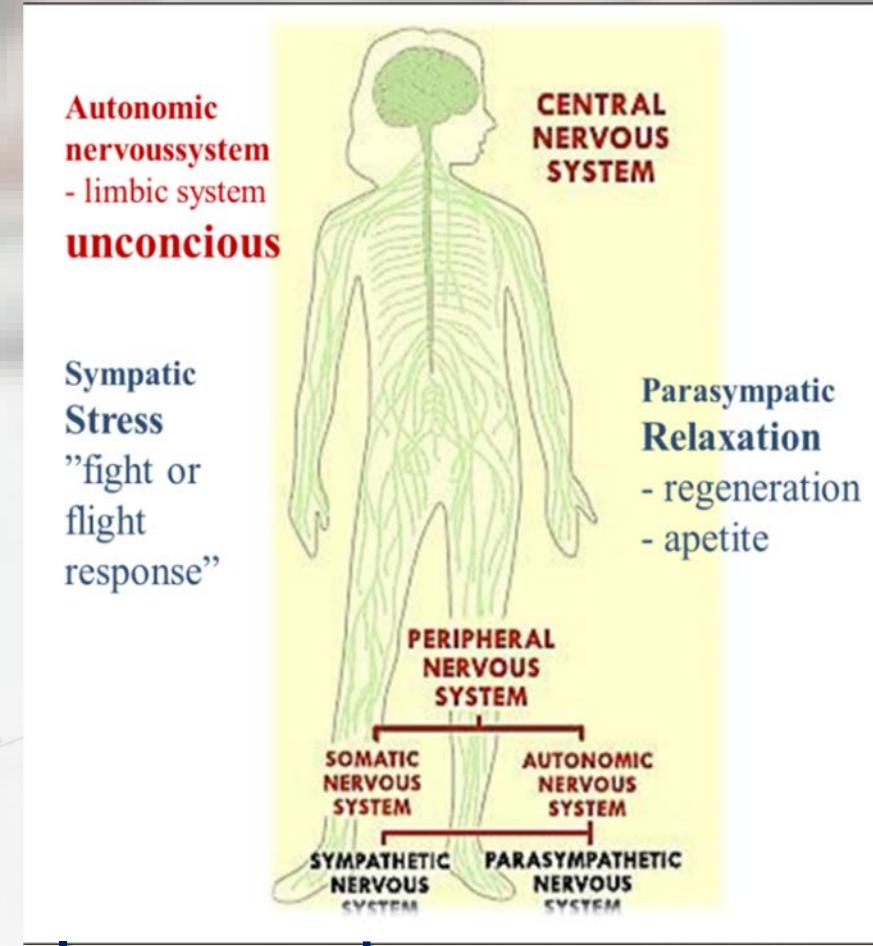




# neurophenomenology and brain research and science

Illustration of our unconscious reaction  
-The intelligence of our senses and feelings

**DON'T (STRESS) FRIGTHEN THE PATIENTES !**



# The patients resilience against infections

When in a Hospital:

Unbalance between «fight and flight» and need for «slow space»

The patients are worried and anxious

The body is injured or ill

Health professionals keep hurting their bodies

Noise and disturbances

Lack of distractions: scenery, art, natural materials

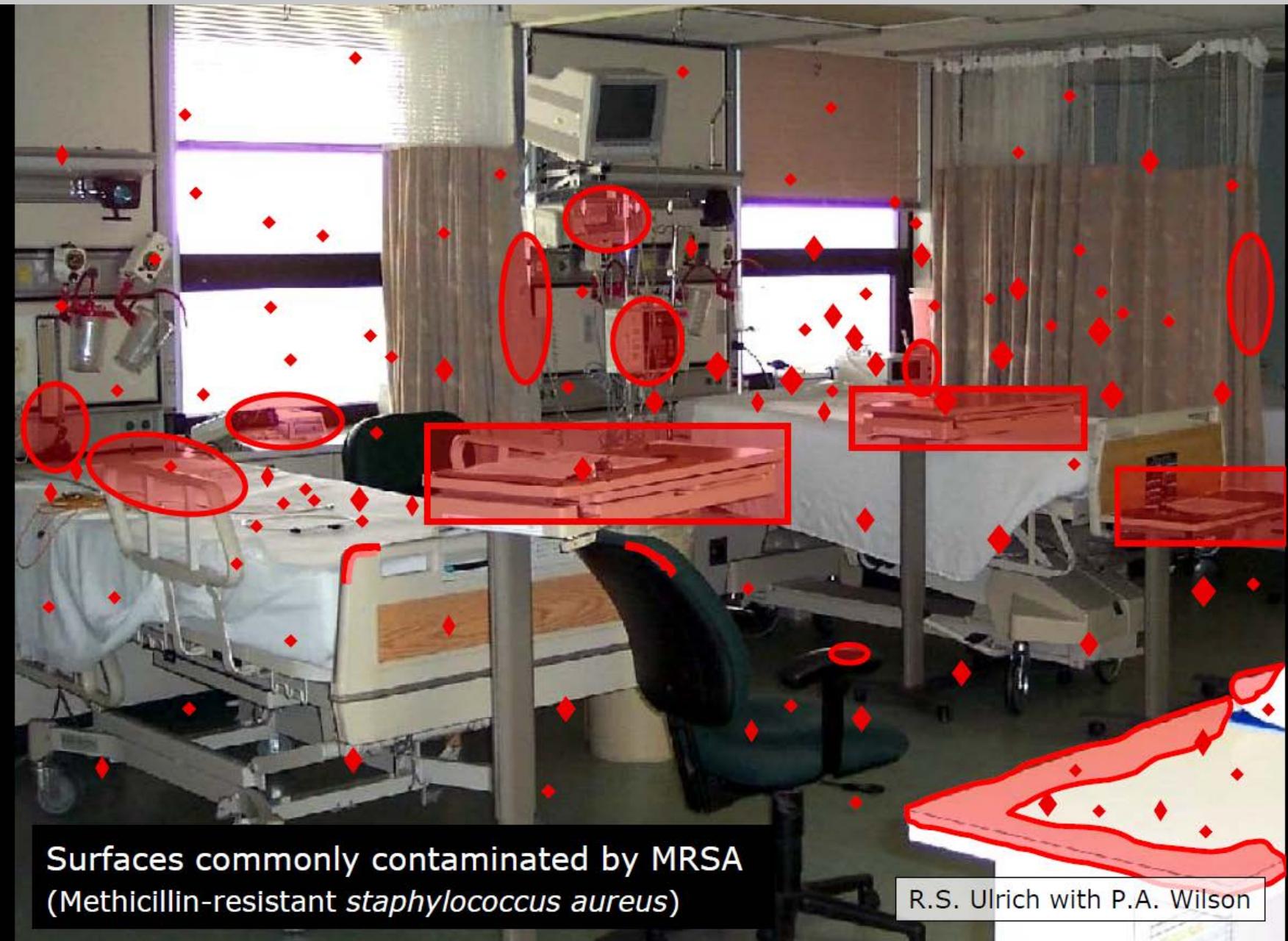


# To have effect– how to use wood in hospitals

- Easy **visible** in patients areas – where patients stay
- Surfaces must **look like** they are made of **wood**
- Possible to **touch** – with the **sence of wood** still there
- Cover **parts** of rooms and walls – not everywhere

# If wood – what are the challenges?

- Prevention of hospital acquired infections (HAI)
  - cleaning and desification
- Durability and maintenance
- Withstand heavy loads
- Fire requirements – wood as construction material
- *Which areas can be suitable for wooden surfaces?*



# Wood and effects on microorganisms

- Untreated wooden surfaces – what do we know
- With surface treatment – gains and losses
- From Sykehusbyggs point of view – more research is needed

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